

Health and Wellbeing Strategy and Children & Families Plan: Maternity, Early Years and Child Health Delivery Plan					
Key Health Outcomes in the Children and Families Plan for Maternity and Early Years:					
1. Good and improving maternal health (including mental and physical health)					
2. Reduction in under 18 conceptions and support teenage parents					
3. Early detection and treatment of disability and illness, and ensure that children achieve positive physical, emotional and cognitive developmental outcomes					
4. Maintain low infant mortality rates and promote good health in infancy and early years					
Priority Area for the Health Theme	Lead Officer	Deadline	Status	% Comp	Comments
Health Priority 1: Maternal and infant mental health: develop partnerships across health, children's centres and community organisations to support maternal mental health and wellbeing and secure attachment with the baby during the first year of life	Esther Trenchard-Mabere				
Milestone	Lead Officer	Deadline	Status	%	Comments
Map the ante and post natal depression pathway and identify gaps and opportunities by January 2014		31/01/2014	Completed	100%	Multi-agency steering group convened and met in October 2013, January and March 2014 and then monthly up to July 2014 Mapping complete, using framework from 1001 Critical Days (Cross Party Manifesto, Wave Trust and NSPCC)
Convene wider multi-agency meeting/workshop to scope work across children's centres, voluntary sector and health by March 2014.		31/03/2014	Completed	100%	Multi-agency workshop held on 15th January 2014 to review and comment on mapping of services and options for strengthening support across the system
Develop proposal to strengthen 'Universal elements of support for maternal and infant emotional health and wellbeing plus pilot support package for pregnant women and parents/carers of infants identified as 'at risk' by May 2014.		31/05/2014	Completed	100%	Outline proposal agreed (training for community organisations/volunteers and health professionals plus supervision and support networks with locality coordinators)
Secure funding / commission pilot intervention by June 2014		30/06/2014	Completed	100%	Funding for 2015 - 2017 agreed from the Public Health grant.
Agree and implement action plan for strengthening 'Universal' elements of support for maternal and infant emotional health and wellbeing by June 2014.		30/06/2014	Completed	100%	Action Plan agreed at steering group meeting on 3rd June.
Hold second multi agency workshop to consult on commissioning proposals by July 2014		31/07/2014	Completed	100%	2nd multi-agency workshop held on 22nd July 2014 to consult on commissioning proposals / model for pilot project
Commission training and parent volunteer support network by September 2014.		30/09/2014	Completed	100%	Specification for Parent and Infant Wellbeing programme (volunteer support network and training programme) advertised on 25th November 2014 and contracts awarded to three voluntary sector organisations on 9th February 2015

Key Health Outcomes in the Children and Families Plan for Maternity and Early Years:					
3. Early detection and treatment of disability and illness, and ensure that children achieve positive physical, emotional and cognitive developmental outcomes					
4. Maintain low infant mortality rates and promote good health in infancy and early years					
5. Decrease levels of overweight and obesity in 4-5 year olds and provide more opportunities for active play and healthy eating					
Priority Area for the Health Theme	Lead Officer	Deadline	Status	% Comp	Comments
Health Priority 2: Two year development review: building on the 2/2.5 year child development review (health visiting) develop and strengthen partnerships across health, children centres, nurseries and community organisations to promote children's physical, social, emotional and cognitive development.	Monica Forty				
Milestone	Lead Officer	Deadline	Status	%	Comments
Workshop reviewing current referral pathways and partnerships supporting the 2/2.5 year healthy child development review in December 2014.		31/12/2014	Completed		Workshop held December 2013
Identify opportunities for wider join up to ensure that children at risk of impaired physical, social, emotional and cognitive development are identified and supported.			Completed		Public Health strategist now attending integrated 2 year review steering group (includes representatives from health, learning and achievement and children's centres. Next meeting 3rd June 2014.
Secure access to key health outcome data from 2/2.5 year healthy child development review.			Delayed		MOU has been signed off between NHSE and THCCG that will give access to Health Visiting performance data. Request for new EMIS templates (child growth) has gone to Barts Health.

Key Health Outcomes in the Children and Families Plan for Childhood (5-11 years):

1. Decreasing levels of obesity and overweight
2. Looked After Children receive their annual health assessment, are fully immunised and have had their appropriate screening checks e.g. vision and dentist within the previous 12 months
3. Looked After Children have good emotional wellbeing
4. Children with disabilities and their families are supported following diagnosis
5. Reduction in emergency admissions for children with asthma

Priority Area for the Health Theme	Lead Officer	Deadline	Status	% Comp	Comments
Health Priority 3: Child obesity: create wider opportunities for children to engage in physical activity and healthy eating in community, leisure, school, faith and home settings in order to reduce the prevalence of overweight and obesity in 10-11 year olds	Esther Trenchard-Mabere				
Activity 1: Review and strengthen support for schools to create environments that support healthy eating and physical activity					
Milestone	Lead Officer	Deadline	Status	%	Comments
Increase the number of schools achieving the Enhanced Healthy Schools Award and GLA 'Bronze' and 'Silver' awards September 2014, 3 new schools signed up for 'Enhanced' and 4 for 'GLA Silver'			Completed	100%	20 schools have already achieved Enhanced Healthy Schools status (which includes targeted work on child obesity) 74 schools (92%) achieved GLA 'Bronze' Award, 21 schools achieved GLA Silver Award and 4 schools achieved GLA Gold Award (highest in London at all three levels)
Introduction of school based family cookery clubs: - Training for new schools to run September / October 2014 - 5 new schools to have signed up to run family cookery clubs by December 2014		31/10/2014 31/12/2014	Completed	100%	Pilot family cookery clubs (involving parents, carers and children and focus improving cooking skills and awareness of healthy eating and portion size) have run in 5 schools with very positive feedback from schools and parents
Additional training and support from School Sports Foundation for schools meeting Enhanced Healthy School Status, September 2014		30/09/2014	Completed		School Sports Foundation runs after school sports and physical activity sessions in majority of primary schools

Activity 2: Improve the uptake and quality of school meals in primary schools

Milestone	Lead Officer	Deadline	Status	%	Comments
Implement free school meals commitments - Review of update of first year of scheme August 2014 - Roll out of national scheme (reception, years 1 and 2) September 2014 - Roll out of free school meals for all primary school pupils September 2015		31/08/2014 30/09/2014 30/09/2015	Completed		Free school meals have been made available for all reception year 1 pupils from September 2014 Commitment to make free school available to all primary school pupils from September 2015 School meals meet the School Food Trust standards
Identify and share examples of good practice in improving the dining environment - 5 case studies of best practice identified - August 2014 - Dissemination (e.g. school visits, healthy schools newsletter) Sept - Dec 2014		31/08/2014 31/12/2014	Completed		Local research shows that an important factor in low uptake of school meals is a poor quality dining experience is likely to lead to better uptake of school meals. 3 case studies of best practice have already been identified.
Submit application to be a London Flagship Food Borough		02/05/2014	Completed		Application submitted but not successful. Consultation with Head Teachers produced useful ideas for improving quality / attractiveness of school meals through training Dinner Ladies and will be exploring how this could be funded.

Activity 3: Improve the effectiveness of targeted programmes to promote healthy weight in primary school aged children					
Milestone	Lead Officer	Deadline	Status	%	Comments
Commission evaluation of Healthy Lives Champions (to identify the impact of the Healthy Lives Champions on levels of obesity in year 6 and any learning on what increases their effectiveness) - Specification agreed April 2014 - Advertise contract May 2014 - Contract starts June 2014		30/04/2014 31/05/2015 30/06/2014	Completed		Healthy Lives Champions are active in 13 primary schools. In 2013, 350 children (mainly year 5) participated with a reported average 37% reduction of BMI. Contract for evaluation agreed and will be completed in November 2014, interim report in July 2014. Final evaluation report submitted October 2014 and showed that the project was valued by schools and parents and made recommendations on how to improve monitoring and consistency of messages
Re-commission Child and Family Weight Management and School Health Services - New specifications agreed February 2014 - Advert March 2014 - New contracts 1st October 2014		28/02/2014 31/03/2014 31/10/2014	Completed		Procurement process completed to schedule but contract award delayed due to delay in sign off of procurement recommendations. Contract with new provider started from 1st March 2015 New specification strengthens the coordination of linkages across these services with respect to: - identification of overweight and obese children (new funding for NCMP coordinator based in School Health) - parental and family engagement
Review and update child obesity care pathways (to improve identification and referral of children who would benefit from support in weight management, involving wider range of frontline services in identification of overweight and obese children, brief advice and referral) - Initial planning meetings May/June 2014 - Roll out of new training programme from October 2014		30/06/2014 31/10/2014	Overdue		This work was delayed due to 5 month delay in the award of the above contract. Initial planning meeting has now been held (April 2015) and roll out of new training programme will commence from October 2015

Activity 4: Strengthen parent and community involvement and increase opportunities for children					
Milestone	Lead Officer	Deadline	Status	%	Comments
Consult with community, parent and faith groups regarding issue of high obesity in Bangladeshi and Somali boys and agree community based interventions to address the issue Initial consultation - October 2014 Agree action plan - November 2014		31/10/2014 30/11/2014	Completed	100%	8 focus groups have been held involving 76 parents and grandparents and eight Year 6 pupils plus one focus group with parental school engagement officers. One to one interviews were also held with an assistant head teacher, a local GP, a nursery nurse, a school nurse and 2 imams. Based on the findings a proposal for 2 or 3 locality pilots has been agreed to strengthen coordination of services at a very local level based around a primary school with links to the local GP practice and led by parental engagement officers and Healthy Family Parent Ambassadors
Strengthen role of the 'Healthy Family Parent Ambassadors' in prevention of child obesity			Completed		More fathers now involved in programme and linkages to child and family weight management service are being strengthened. Healthy Family Parent Ambassadors will play a key role in the above locality pilots
Improve the food offer in leisure centres and other food outlets used by children and their families			Delayed		Proposal for pilot 'healthy vending machines' in the new Poplar Baths has been discussed but has not yet been implemented
Pilot new approaches to improving nutritional quality of 'fast food' available to school children - Pilot mobile healthy street food schemes to commence from September 2014 - Fast food outlet to trial range of modifications to improve food offer		30/09/2014 tbc	Overdue Completed		Stepney Ward forum and St Pauls School did propose funding for a pilot mobile healthy street food project, but in the end this was not taken forward Specification for 12 month pilot Healthy Fast Food pilot has been agreed and is about to be advertised
Increase availability of and access to open spaces - Exploring feasibility of use of section 106 funding to create new open spaces - Project to improve accessibility for disabled children			Completed Completed		Evidence Review completed and was submitted but still awaiting planning approval. Alternative sources of funding have been used to develop 'pocket parks' Steering Group established and funding secured